Clinical Exercise, Health and Fitness

Transforming lives through Health Sciences



LEVEL 3 A Level / BTECs Tariff points	UNDERGRADUATE	POSTGRADUATE Often required for more specialist roles	TRAINING, FURTHER EDUCATION AND EXPERIENCE	PROFESSIONAL QUALIFICATION Required by some employees	JOB ROLE
A Levels BBB-BCC or above to include at least one of the following: Biology/Human Biology/Physical Education	BSc (Hons.) Sport and Exercise Science /		Work experience in primary care	Royal Society of Public Health (RSPH) qualification	AccreditationHealth Promotion Specialist
			Level 2 Certificate in Fitness Instructing	Register of Exercise Professionals (REPs) registered	Personal Trainer
BTEC Extended Diploma Distinction Merit Merit - Merit, Merit, Merit or above in a relevant Extended Diploma for example; Applied Science/Sport Access to HE Diploma A total of 120 -104 UCAS points in a relevant Access to HE Diploma for example; Human Sciences AECC	BSc (Hons) Sport Rehabilitation /		Level 3 Diploma in Personal Training		Specialist Fitness Instructor
			Level 4 Specialist Instructor course	BASES Certified Exercise Practitioner	Exercise Referral Consultant
		MSc Exercise Physiology	Clinical experience (voluntary or paid)	BASES Accredited Sport and Exercise Scientist	Clinical Exercise Physiologist
		MSc Clinical Exercise Science		British Society of Echocardiography (BSE) Accredited	Clinical Cardiac Physiologist
		MSc Exercise and Health Science			
		MSc Physiotherapy	Supervised practice	HCPC Registration and Chartered Society of Physiotherapy	Physiotherapist*

^{*}Physiotherapists are also employed in elite sport and performance environments

Elite Sport and Performance



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A Levels BBB-BCC or above to include at least one of the following: Biology/Human Biology/Physical Education BTEC Extended Diploma Distinction Merit Merit - Merit, Merit, Merit or above in a relevant Extended Diploma for example; Applied Science/Sport	BSc (Hons.) Sport and Exercise Science /	MSc Sport and Exercise Nutrition	Work experience in a sport and/or exercise setting	Sport and Exercise Nutrition registered practitioner (SENr)	Sports Dietician/Nutritionist
		MSc Sport and Exercise Psychology	BASES Sport & Exercise Psychology Accreditation Route (SEPAR)	HCPC registered practitioner	Sport and Exercise Psychologist
	BSc (Hons) Sport and Exercise Psychology /	MSc Biomechanics	Experience in provision of support to athletes/coaches Professional development programme (e.g. BASES SE scheme)	BASES Accredited Sport and Exercise Scientist	Sport Biomechanist
		MSc Performance Analysis MSc Sport & Exercise			Performance Analyst
Access to HE Diploma A total of 120 -104 UCAS points in a relevant Access to HE Diploma for example; Human Sciences	BSc (Hons) Sport	Rehabilitation MSc Sport Rehabilitation and Therapy			Sport Rehabilitator
	Rehabilitation /	MSc Sport Science	Experience in provision of support to athletes/coaches		
		MSc Applied Sport Physiology	Professional development programme (e.g. BASES SE scheme)	BASES Accredited Sport and Exercise Scientist	Sport Physiologist
AECC					Interdisciplinary Sports Scientist
University College Transforming lives through Health Sciences		MSc Strength and Conditioning	National Strength and Conditioning Certificate	BASES Accredited Sport and Exercise Scientist	Strength and Conditioning Coach

Research, Teaching, Coaching and Sport



LEVEL 3
A Level / BTECs
Tariff points

UNDERGRADUATE

POSTGRADUATE

Often required for more specialist roles

TRAINING, FURTHER EDUCATION AND EXPERIENCE

PROFESSIONAL QUALIFICATION

Required by some employees

JOB ROLE

A Levels
BBB-BCC or above
to include at least
one of the following:
Biology/Human
Biology/Physical
Education

BTEC Extended
Diploma
Distinction Merit Merit
- Merit, Merit, Merit or
above in a relevant
Extended Diploma
for example; Applied
Science/Sport

Access to HE
Diploma
A total of 120-104
UCAS points in a
relevant Access to HE
Diploma for example;
Human Sciences

BSc (Hons.) Sport and Exercise Science /

Experience in sport coaching or community sport

Coaching qualification recognised by NGB

Sports Development Officer

Sports Coach

Primary/Secondary

School Teacher

Postgraduate Certificate in Education (PGCE)

MSc Sport and Exercise Science (or related subject)

and Exercise Scientist

BASES Accredited Sport

Professional Doctorate

PhD

(relevant research area)

Education/Training Consultant

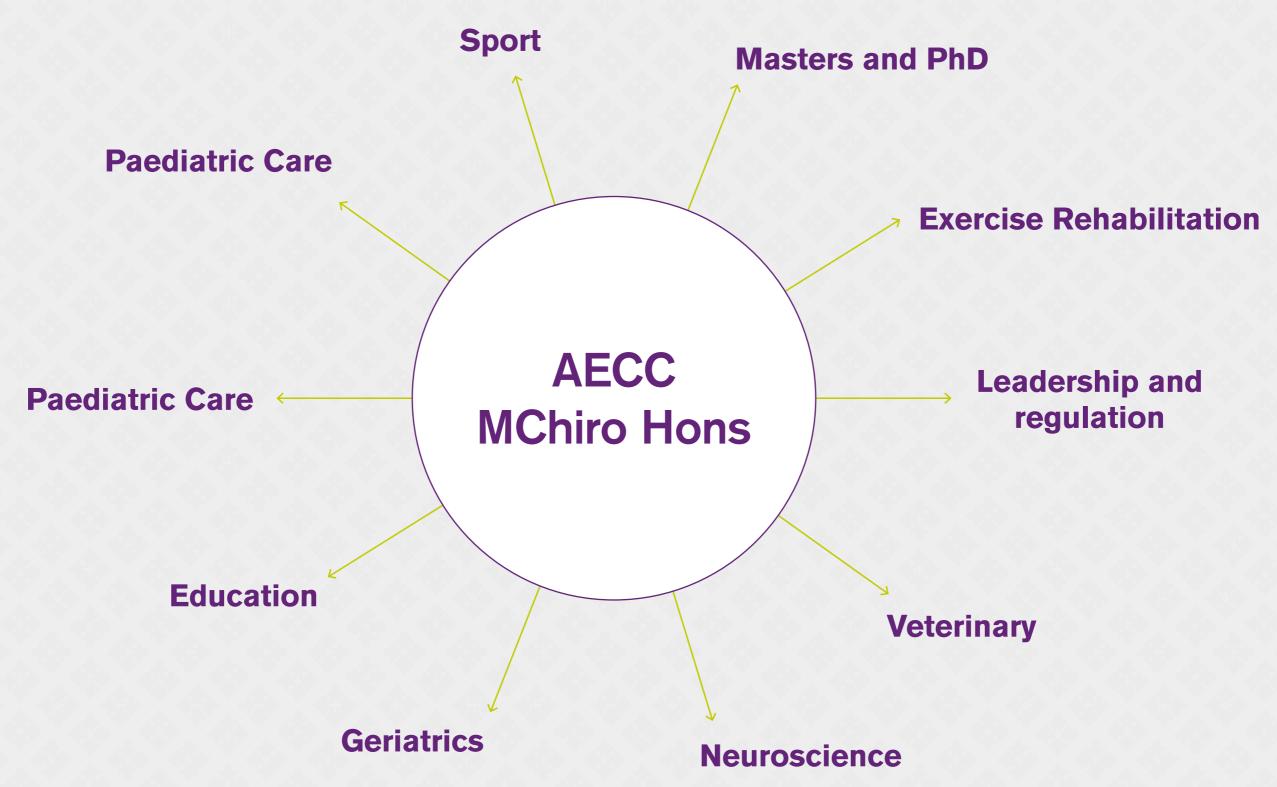
Higher Education Lecturer

Research Assistant / Research Fellow



Career Prospects







Future Career Prospects



