



Unit Specification

1. Unit details

Unit Code	PHY6002
Unit Title	Physiotherapy Practice 2
Version number	1.1
Credit	Credits/ECTS: 60 CATS 30 ECTS
FHEQ Level	6
Semester taught in	Year
HeCOS/JACS codes	100252 Physiotherapy
Course (s) for which unit is delivered <small>For multiple courses, please asterisk (*) the course which owns this unit</small>	MSc Physiotherapy (Pre-registration)
Pre-requisites Co-requisites	PHY6001
Where will the unit be taught?	AECC University College
Unit Leader name(s) and contact details	Fiona Lucas

2. Unit aims and outline

In this unit you will gain practical work-based experience working with a range of patients and clients, building upon your experience in the PHY601 Physiotherapy Practice 1 unit. You will have the opportunity to apply your theoretical knowledge and skills that have been developed while studying other units on this course, applying them in practical environments and utilising your transferable skills. This practical placement unit is composed of two 7-week placements focused on a specific area of physiotherapy practice. These may include care of the elderly, neurology, orthopaedics, respiratory medicine, outpatients, amputees, obstetrics and gynaecology, musculoskeletal, oncology, palliative care, paediatric or community contexts.

3. Intended Learning outcomes

Having completed this unit, you will be able to:

- Demonstrate the ability to apply a reasoned problem-solving approach to patient care, integrating underpinning theory and previous experience to justify decisions made.
- Critically evaluate a range of possible interventions and the ability to respond to changing contexts.
- Prioritise problems, set goals and plan an appropriate treatment programme in consultation with patients / clients.
- Demonstrate evidence of engaging in interprofessional learning, whilst on placement.
- Demonstrate a commitment to continued professional development, planning and reflective practice.

3. Intended Learning outcomes

- (f) Critically appraise the range of therapeutic interventions to implement a management programme safely, effectively and efficiently.

4. Indicative content

- Integrating health and safety legislation into physiotherapy practice
- Fulfilling all responsibilities related to legal ethical and local considerations of professional practice including clinical information (CSP, 2011; HCPC, 2016)
- Establishing a therapeutic relationship, demonstrating sensitivity to the needs of others, having an awareness of physical, psychosocial and cultural needs
- Establishing appropriate relationships within a team, i.e. health and social care staff and students
- Communicating in a professional manner with different stakeholder groups including: patients/clients, relatives, carers and colleagues using; verbal, non-verbal, listening, writing skills
- Reflective practice
- Accountability and knowledge of own professional and personal scope of practice; whilst recognising and acknowledging the contributions of team members
- Applying appropriate assessment and treatment strategies, safely and effectively
- Decision-making in relation to patient/client management using evidence-based practice
- Monitoring and reviewing the ongoing effectiveness of planned activity, recognising the need to modify management in conjunction with patients/clients or carers
- Ensuring the patient/client is central in the management of their health and wellbeing
- Demonstrating an awareness of a holistic process of enquiry by undertaking physiotherapy assessment strategies which are appropriate for the patient
- Recognising and interpreting clinical features to formulate a problem list using the findings from the patient assessment
- SMART goal setting and motivation
- Planning individualised treatment/management programmes considering available resources
- Selecting and interpreting appropriate measures to evaluate the outcome of physiotherapy interventions
- Gathering data (qualitative and quantitative), evaluating service provision
- Audit, quality management and quality control
- Making and receiving referrals
- Personal workload, health and wellbeing management
- Interprofessional learning

5. Indicative summary of teaching and learning methods and activities including contact hours

The unit will be predominantly placement based with tutorial support. Learning will be encouraged through student centred activities including online materials, directed learning and experiential reflects.

The following information gives an indication of how much time you are likely to spend in different types of activities during this unit.

Indicative contact hours	525
Indicative guided non-contact hours	75
Indicative self-directed learning hours	0

Contact hours Placement: Pro-rata 37.5 hours per week
Total hours- 2 x 7-week placements – equates to maximum of 525 hours
Practice Placements 3 and 4.
Non-contact hours - Inclusive: ½ day per week (self-directed study)

6. Summary of assessment methods and activities

Formative assessment

Formative feedback will be provided on your progress during the unit, and formally at the mid-way point.

Summative assessment

ILO (s) Assessed	Form of assessment	Percentage of overall assessment (total must be 100%)
A, B, C, and D	Coursework: Practice Placement Portfolio	80%
E	Coursework: CPD e-Portfolio	20%

Indicative assessment

In the first assessment you will complete two 4000-word equivalent practice placement portfolios (one for placement 3 and one for placement 4) that will include a placement report by the Practice Placement Educator from each of the two placements undertaken. For the second assessment you will complete a 2000 word Continuing Professional Development (CPD) e-portfolio, one at the end of each placement. This will consist of a range of relevant planning and reflective tasks. In order to pass the unit you are required to pass both elements of assessment.

Indicative feedback methods

For formative tasks you will receive verbal feedback from peers as part of a 'peer review' process for the CPD e-portfolio and the Practice Placement Educators for the Practice Placement e-Portfolio. Feedback on the final summative tasks will be written and returned electronically to you.

7. Indicative learning resources

Books

- Cross, J., Borad, M, A., Quint, M., Ritson, P., & Thomas, S. (2020). *Respiratory Physiotherapy Pocketbook: An On Call Survival Guide*. London: Elsevier.
- Hough, A. (2013). *Physiotherapy in Respiratory Care: A problem-solving approach to respiratory and cardiac management*. New York: Springer.
- Jull, G., Moore, A., Falia, Lewis, J., McCarthy, C., & Sterling, M. (2015). *Grieve's Modern Musculoskeletal Physiotherapy*. London: Elsevier.
- Lennon, S., & Ramdharry, G. (2018). *Physical Management for Neurological Conditions* (6th Edition). London: Elsevier.
- Magee, D. (2014). *Orthopaedic Physical Assessment* (6th Edition) Philadelphia, PA: W.B Saunders.
- Petty, N., & Ryder, D (2017). *Musculoskeletal Examination and Assessment – Volume 1: A handbook for Therapists* (5th Edition). London: Elsevier.
- Vincent, C., Amalberti, R. (2015). *Safer Healthcare: Strategies for the real world*. Springer Open.

Other reading:

- CSP (2011) Code of Members Professional Values and Behaviour.
- HCPC (2016) Guidance on conduct and ethics for students.
- HCPC (2016) Standards of conduct, performance and ethics.
- HCPC (2018) COVID-19 applying our standards
- HCPC (2013) Standards of Proficiency. Physiotherapy.

Journals

- Clinical Rehabilitation
- Critical Reviews in Physical and Rehabilitation Medicine

European Journal of Physiotherapy
 International Journal of Physiotherapy
 International Journal of Therapy and Rehabilitation
 Journal of Applied Physiology
 Journal of Physical Activity and Health
 Journal of Physiotherapy
 Manual Therapy
 Musculoskeletal Science and Practice
 Musculoskeletal Physiotherapy
 Physiotherapy
 Physiotherapy Journal

Web-based sources and access to electronic journals is available through the Institution's library. You will have access to library staff to support literature searches and access to electronic resources. The library provides links to all relevant databases, gateways and on-line journals.

The Institution's virtual learning environment (VLE) provides you with electronic resources that support the delivery of each unit with regularly updated learning materials and interactive learning aids such as quizzes, videos, e-cases, e- lessons and other suitable tools.

Amendment	Date	Version	Comment
Unit Leader updated	05.04.22	v2	This was TBC in the original unit descriptor
Summative assessment - Form of assessment wording updated	05.04.22	v2	Wording not clear in original unit descriptor
Indicative assessment wording updated	05.04.22	v2	Updated to clarify two assignments for each placement as this wasn't clear in the original unit descriptor
Indicative feedback methods wording updated	05.04.22	v2	Updated to clarify who will provide formative verbal feedback for the two different assessments as this wasn't clear in the original unit descriptor