AECC University College
Transforming lives through Health Sciences

Unit Specification

1. Unit details

Unit Code	PHY6001
Unit Title	Physiotherapy Practice 1
Version number	1.1
Credit	**Credits/ECTS:** 60 CATS 30 ECTS
FHEQ Level	6
Semester taught in	Year
HeCOS/JACS codes	100252 Physiotherapy
Course (s) for which unit is delivered For multiple courses, please asterisk (*) the course which owns this unit	MSc Physiotherapy (Pre-registration)
Pre-requisites **Co-requisites**	None
Where will the unit be taught?	AECC University College
Unit Leader name(s) and contact details	Katherine Chambers

2. Unit aims and outline

In this unit you will gain practical work-based experience working with a range of patients and clients. You will have the opportunity to apply your theoretical knowledge and skills that have been developed while studying other units on this course, applying them in practical environments and utilising your transferable skills. This practical placement unit is composed of two separate 7-week placements focused on a specific area of physiotherapy practice. In the unit you will actively contribute to the assessment and treatment of service users.

3. Intended Learning Outcomes

Having completed this unit, you will be able to:

(a) Apply interpersonal skills with patients/clients and colleagues in multi-disciplinary teams.

(b) Demonstrate the ability to safely apply clinical skills in the assessment and treatment of patients and be able to evaluate intervention effectiveness.

(c) Synthesise and apply theoretical knowledge and evidence to inform practice.

(d) Apply clinical reasoning skills by identifying and prioritising problems, planning treatments and goal setting.

(e) Appraise the structure and function of health and social care services in the UK.

(f) Demonstrate an understanding of the process of continued professional development, planning and reflective practice

4. Indicative content

- Induction, orientation, practical and professional issues
- Health and safety legislation and safe practicing environments
- Legal ethical and local considerations of professional practice including clinical information (CSP, 2011; HCPC, 2016)
- Therapeutic relationships, and service user consent
- Awareness of physical, psychosocial, and cultural needs
- Relationship-building
- Professional communication skills: verbal, non-verbal, listening, writing skills
- Individual learning needs, areas for development and the means for addressing these
- Reflective approaches to practice and responding appropriately to feedback
- Managing own workload (appropriate to the practice environment), and respond to varying circumstances in a professional manner
- Accountability and knowledge of own professional and personal scope of practice; whilst recognising and acknowledging the contributions of team members to the patient/client centred approach
- Apply appropriate physiotherapy assessment, diagnosis and treatment strategies and management plans
- Monitoring and review of activity and intervention
- Patient-centredness
- Recognition of clinical features
- SMART goal setting and motivation
- Treatment planning
- Clarity and clinical reasoning in documentation
- Deliver and evaluate physiotherapy programmes
- Select and apply safe and effective physiotherapy-specific skills (e.g., manual therapy, exercise and movement etc)
- Responding to emerging and/or changing contexts

5. Indicative summary of teaching and learning methods and activities including contact hours

The unit will be predominantly placement based with Practice Link Educator support. Learning will be encouraged through student centred activities including online materials, directed learning and experiential reflections.

The following information gives an indication of how much time you are likely to spend in different types of activities during this unit.

Indicative contact hours	525
Indicative guided non-contact hours	75
Indicative self-directed learning hours	0

Contact hours Placement: Pro-rata 37.5 hours per week **Total hours**- 2 x 7-week placements – equates to maximum of 525 hours Practice Placements 1 and 2. **Non-contact hours** - Inclusive: ½ day per week (self-directed study)

6. Summary of assessment methods and activities

Formative assessment

Formative feedback will be provided on your progress during the unit, and formally at the mid-way point.

Summative assessment

ILO (s) Assessed	Form of assessment	Percentage of overall assessment (total must be 100%)
A, B, C, D and E	Coursework: Practice Placement e-Portfolio	80%
F	Coursework: CPD e-Portfolio	20%

Indicative assessment

In the first assessment you will complete two 4000-word equivalent practice placement portfolios (one for placement 1 and one for placement 2) that will include a placement report by the Practice Placement Educator from each of the two placements undertaken. For the second assessment you will complete a 2000 word Continuing Professional Development (CPD) e-portfolio, one at the end of each placement. This will consist of a range of relevant planning and reflective tasks. In order to pass the unit you are required to pass both elements of the assessment.

Indicative feedback methods

For formative tasks you will receive verbal feedback from peers as part of a 'peer review' process for the CPD e-portfolio and the Practice Placement Educators for the Practice Placement e-Portfolio. Feedback on the final summative tasks will be written and returned electronically to you.

7. Indicative learning resources

Books

Cross, J., Borad, M, A., Quint, M., Ritson, P., & Thomas, S. (2020). *Respiratory Physiotherapy Pocketbook:* An On Call Survival Guide. London: Elsevier.

Hough, A. (2018). *Cardiorespiratory Care: An evidence-based, problem-solving approach*. 5th ed, New York, NY: Elsevier.

Jull, G., Moore, A., Falia, Lewis, J., McCarthy, C., & Sterling, M. (2015). *Grieve's Modern Musculoskeletal Physiotherapy*. London: Elsevier.

Lennon, S., & Ramdharry, G. (2018). *Physical Management for Neurological Conditions* (6th Edition). London: Elvevier.

Magee, D. (2014). *Orthopaedic Physical Assessment* (6th Edition) Philadelphia, PA: W.B Saunders.

Petty, N., & Ryder, D (2017). *Musculoskeletal Examination and Assessment – Volume 1: A handbook for Therapists* (5th Edition). London: Elsevier.

Vincent, C., Amalberti, R. (2015). *Safer Healthcare: Strategies for the real world*. Springer Open.

Other reading:
CSP (2011) Code of Members Professional Values and Behaviour.
HCPC (2016) Guidance on Conduct and Ethics for students.
HCPC (2018) Standards of Conduct, Performance and Ethics.
HCPC (2018) COVID-19 applying our standards
HCPC (2013) Standards of Proficiency. Physiotherapy.

Journals
Clinical Rehabilitation
Critical Reviews in Physical and Rehabilitation Medicine
European Journal of Physiotherapy
International Journal of Physiotherapy
International Journal of Therapy and Rehabilitation
Journal of Applied Physiology

7.   Indicative learning resources

Journal of Physical Activity and Health
Journal of Physiotherapy
Manual Therapy
Musculoskeletal Science and Practice
Musculoskeletal Physiotherapy
Physiotherapy
Physiotherapy Journal

Web-based sources and access to electronic journals is available through the Institution's library. You will have access to library staff to support literature searches and access to electronic resources. The library provides links to all relevant databases, gateways and on-line journals.

The Institution's virtual learning environment (VLE) provides you with electronic resources that support the delivery of each unit, with regularly updated learning materials and interactive learning aids such as quizzes, videos, e-cases, e- lessons and other suitable tools.

Amendment	Date	Version	Comment
Unit Leader updated	05.04.22	v2	New member of staff joined team, Feb 2022
Summative assessment - Form of assessment wording updated	05.04.22	v2	Wording not clear in original unit descriptor
Indicative assessment wording updated	05.04.22	v2	Updated to clarify two assignments for each placement as this wasn't clear in the original unit descriptor
Indicative feedback methods wording updated	05.04.22	v2	Updated to clarify who will provide formative verbal feedback for the two different assessments as this wasn't clear in the original unit descriptor